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## Knights Templar Treasure and the UFO/Paranormal Connection



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*Spiritual Energy*

# We Can all Help to Make the World a Better Place.

*By Mark Bennett*

**W**e live in “interesting times”. War, terrorism, earthquakes, storms, flooding – are literally everyday news. Some of us are fortunate enough to be in parts of the world where we are supposedly safe from such things, but nothing is ever certain. Only last week I was shocked to be told by a policeman that the road to my office had been closed because of a terror attack less than an hour beforehand – just five minutes’ walk from my home!

As ordinary people, we can feel powerless in such circumstances. “These are the problems of politicians and scientists...” we may think.

But that is not how the Creator has written the story of our world – nor is it the full picture of what you as a human being really are. God did not make us powerless; it is us – the mass of humanity – who have forgotten what powers we have. The miraculous is not exclusive to the Gods, but the birth-right of us all – as Sparks of God, destined one day to be Gods ourselves.

There is a force in the universe – everywhere in the universe – called prana. This is also known as universal life force – which is a good name for it because it is the force of life throughout the universe. Prana is the force which brings forth the original potential created by God in the beginning, and makes it manifest.

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***This force responds to our thoughts, including of course our visualisations.***

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For example, if you see an apple and visualize it as being full of prana as vibrant white light, you will be raising the vibration of that apple. The prana is bringing forth the potential within the apple – to a positive end. If you then eat the apple, it will be more beneficial to you than had you not done the visualisation.

Prana can be used in this way for good or evil. When it is used for good, it is being conditioned by the energy called “love”. By “love” I don’t mean possessive love (which is in fact virtually the opposite of love), sentimentality, sex, or liking something. The energy of love, in its higher, spiritual sense, is your fervent desire for the greatest good for all – which is also the greatest good for any individual, in the long term – though it may not always seem like it.

Prana conditioned by love is called “spiritual energy”. Spiritual energy is not a vague emotion or wishful thinking, or a flight of imaginative fancy. It is a real energy – just as real as electricity but vastly more important.

When you visualize a person as being filled with this power, as white light, and perhaps add a positive, but non-specific, thought of spiritual joy, vitality and so forth – you will be having a positive effect on that person. It may not be a very big effect if it is just a passing thought, rather than a lengthy practice of

concentration, but it will nevertheless have some effect for the good. And as a basic principle, the more you do it, the more good it will do.

This positive effect can manifest in different ways, but one of the key functions of spiritual energy is to inspire. It does not brainwash, or hypnotize – it empowers the recipient's Higher

Self, such that they are more inclined to manifest their own higher aspirations – i.e. do the right thing for their own true unique spiritual destiny and the world.

The body of a human being (and indeed of animals and other beings as well) contains floodgates of energy known as “psychic centers” or chakras. These are real things that are essential to our lives – without them we could not exist, certainly not in our current state as sentient beings on this planet. There will come a time when science will know of the existence of the chakras, and even be able to observe and measure the energy flowing in and out of them, and use this knowledge to bring about healing.

Scientists of today may laugh at the very notion of the existence of a chakra. While they are laughing, however, rather than waiting for them to catch up with this – the wisdom of the ancients – let us waste no time in putting our chakras to the best possible use!

The chakras to focus on for the radiation of spiritual energy are the heart chakra and the chakras in the palms of the hands. Of course, even just a positive thought will be helpful, without focusing on the chakras at all, but if we do follow a specific procedure which is conducive to energy flow, the practice will be much more powerful.



When I say positive – I mean in the most general sense – we should not try to impose specific opinions onto other people's thought patterns. Just think – peace, freedom, joy, healing, upliftment, spiritual inspiration etc. This also makes the practice much simpler – because we don't have to worry about exactly what the best outcome should be, for example in some

Raise the hands, palms facing outwards in front of you, and visualize white light flowing down from above the top of your head, into your head, your brain, neck, shoulders, chest, and out into your heart chakra. This is a few inches in front of your physical body – in front of your breastbone. Visualize the light also flowing down from your shoulders, through your arms into your hands – specifically your palms. Then visualise the light flowing from these three points (palms and heart chakra) – outwards.

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***You can send this spiritual energy visualized as white light out to a person in need, or to a situation, such as a warzone, or a group of people – such as delegates at a peace negotiation, or aid-workers in the field, and so on.***

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Whatever your target, the key thing is to always make the visualization positive – not dwelling on the suffering that is actually taking place, but focusing on a positive future outcome for that situation.

complex political peace treaty. All we have to do is focus on joyful peace and the resultant freedom.

To the sceptic who disbelieves in such things I would say, if you are genuinely open-minded, try it a few times. See what you feel – see if you experience the sensation of the energy as it flows through your aura. And see what realization comes to you from the faculty of intuition during and after having done the practice. The hard-core cynic of course, who has already made up their mind that such things are nonsense, will feel nothing, because, in so doing, they have shut off their subtle faculties from these higher vibrations. To such people I would say – disbelief is your right, but your loss!

But, nevertheless – there is plenty of wonderful work that can be done to help those in need, without believing in spiritual energy in any way. In fact, such work can be far more spiritual than much of what goes in many churches and even in so-called “New Age” centers!

This practice of radiating spiritual power – whether simply through visualization, or through prayer or mantra, is a key tenet of King Yoga – the spiritual path of The Aetherius Society, founded by Master of Yoga and Space Contactee Dr. George King in 1955. Dr. King was a remarkable man whose spiritual

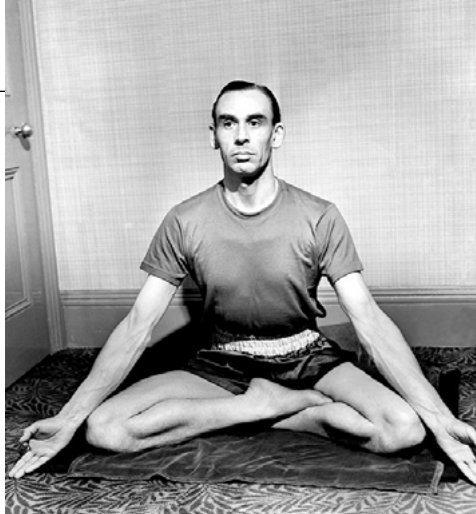
perception extended far beyond the realms of science fiction – deep into the as yet unknown realms of future spiritual science fact. His contact with advanced beings from other worlds, coupled with his own meditative insights and experience, enabled him to take the transmission of spiritual energy onto another level entirely.

Spiritual energy is a beautiful and subtle power – but it is nevertheless “physical”, in the sense that it really does exist; it can affect physical things; and it can even be measured. Dr. King used this knowledge to devise and/or implement various “Cosmic Missions” in conjunction with beings from other planets, to help increase the power output of this vital energy to suffering mankind. These missions are as follows:

### Operation Space Power

Energy from the Sun is collected by an extraterrestrial spacecraft known as Satellite Number Three. This is “manned” by highly advanced alien scientists, who have literally thousands of years of experience which enables them to perform their specialized functions. This spiritual energy passes through apparatus on the craft and is then radiated to Earth during four special periods per year, each of which lasts about a month.

Also during these periods, energy is radiated for three hours per day through five pieces of specially designed apparatus around the world, operated by ordinary people who have devoted themselves to the cause of the Cosmic



Masters. The radiation of this energy is the Mission known as “Operation Space Power”.

### Operation Space Power II

In this Mission energy is sent from a special reserve of spiritual energy kept outside of Earth for our use when needed, and is radiated through the same apparatus as in Operation Space Power. The energy can then be directed to specific trouble spots on Earth to help bring about relief and upliftment.

### Operation Prayer Power

A group of trained mantra-initiates gather together to chant certain holy sounds to invoke spiritual energy. Through visualization they direct this to someone who is trained and experienced in “dynamic prayer” – i.e. radiating energy of a certain quality and quantity. The person praying directs the energy into a physical battery – known as a Spiritual Power Battery, the contents of which have been specifically chosen for their ability to store spiritual energy. This energy can then be released in a concentrated form, at short notice, in a time of crisis, and directed by

extraterrestrial intelligences to help bring about an alleviation of suffering.

### The Saturn Mission

Energy is released to intermingle with energy released by the Mother Earth, to help bring about world peace and “devic stabilization”. “Devic stabilization” is when energy is sent to the nature spirits which govern weather conditions and so forth, thereby reducing the impact of so-called natural catastrophes.

### You can work with alien intelligences!

By helping these Missions in any way, you are in effect not only helping mankind, but you are actually working with highly advanced alien beings, whose wisdom and compassion virtually knows no bounds!

As someone who has been privileged to play a part in each of these Cosmic Missions, I can speak from first-hand experience in saying how fantastically, unbelievably and unforgettably inspiring this experience really is! Not just inspiring as a concept – but as a tangible reality, as the energy imbues my aura and stimulates my under-used brain.

Sometimes the truth of something can be so definite that you do not need to see or hear or otherwise experience it with the ordinary physical senses; the very blood of the soul resonates with the heartbeat of this higher, truer reality – the reality that approaches the One True Reality that is God...!

About the author:

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Mark Bennett ([www.markinfo.co.uk](http://www.markinfo.co.uk)) is co-author of Prayer Energy and the award-winning title Gods, Guides and Guardian Angels. He is also an International Director of The Aetherius Society. To find out more visit [www.aetherius.org](http://www.aetherius.org) and join us on facebook.



To learn more about extraterrestrial life, you are recommended: Contacts with the Gods from Space by Dr. George

King with Richard Lawrence, UFOs and the Extraterrestrial Message by Richard Lawrence, and You Are Responsible! by Dr. George King.

Also join in with like-minded people online in special sessions of transmitting spiritual energy to the world every week: [www.12blessings.org](http://www.12blessings.org) !